

What
Did You
Expect?



- Get up at 5.00am for 2 hours of quiet time and prayer each day
- Try to be more politically correct
- No longer open doors for women
- Walk 30 minutes every day
- Get a gym membership
- Stop telling jokes
- Never mention Louise in a sermon

A close-up photograph of a Black man with short, dark hair and glasses. He is resting his chin on his right hand, looking off to the side with a thoughtful expression. He is wearing a blue button-down shirt. The background is a blurred, textured wall.

My New Year's
Resolutions

What did
you expect?

My New Year's
Resolutions



This, then, is how you should pray:

Our Father in heaven, hallowed be
your name, your kingdom come,
your will be done, on earth as it is in
heaven.

Give us today our daily bread.

And forgive us our debts, as we also
have forgiven our debtors.

And lead us not into temptation, but
deliver us from the evil one.

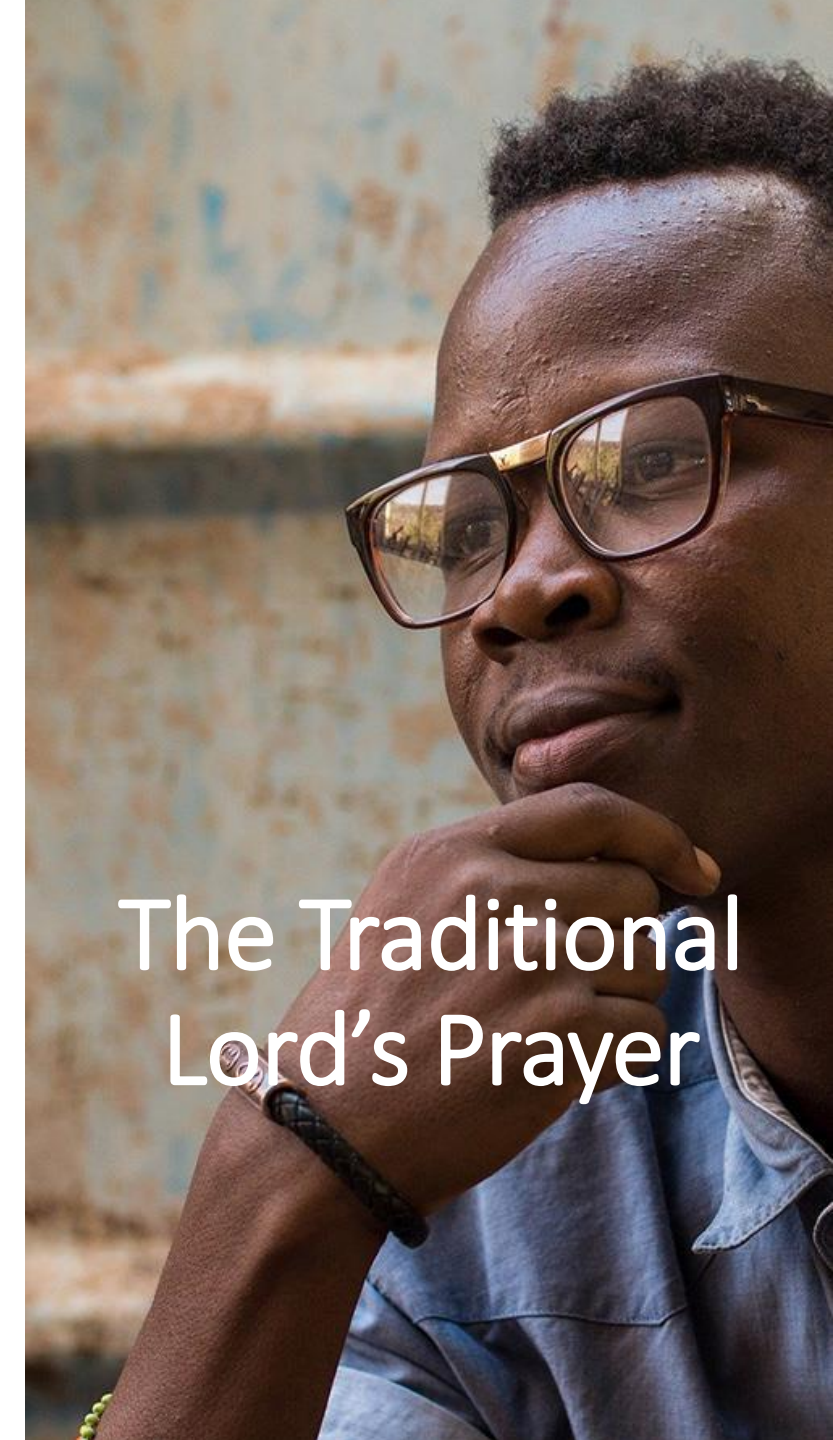
Matthew 6: 9-12
(NIV)



Our Father, which art in heaven,
Hallowed be thy Name. Thy
Kingdom come. Thy will be done in
earth, As it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, As we
forgive them that trespass against
us. And lead us not into temptation,
But deliver us from evil. For thine is
the kingdom, The power, and the
glory, For ever and ever. Amen.



The Traditional
Lord's Prayer

And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words.

Do not be like them, for your Father knows what you need before you ask him.

Matthew 6: 7-8
(NIV)



In the same way, the Spirit helps us in our weakness.


We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

Romans 8:26
(NIV)



For if you forgive other people
when they sin against you, your
heavenly Father will also forgive
you.

But if you do not forgive others
their sins, your Father will not
forgive your sins.

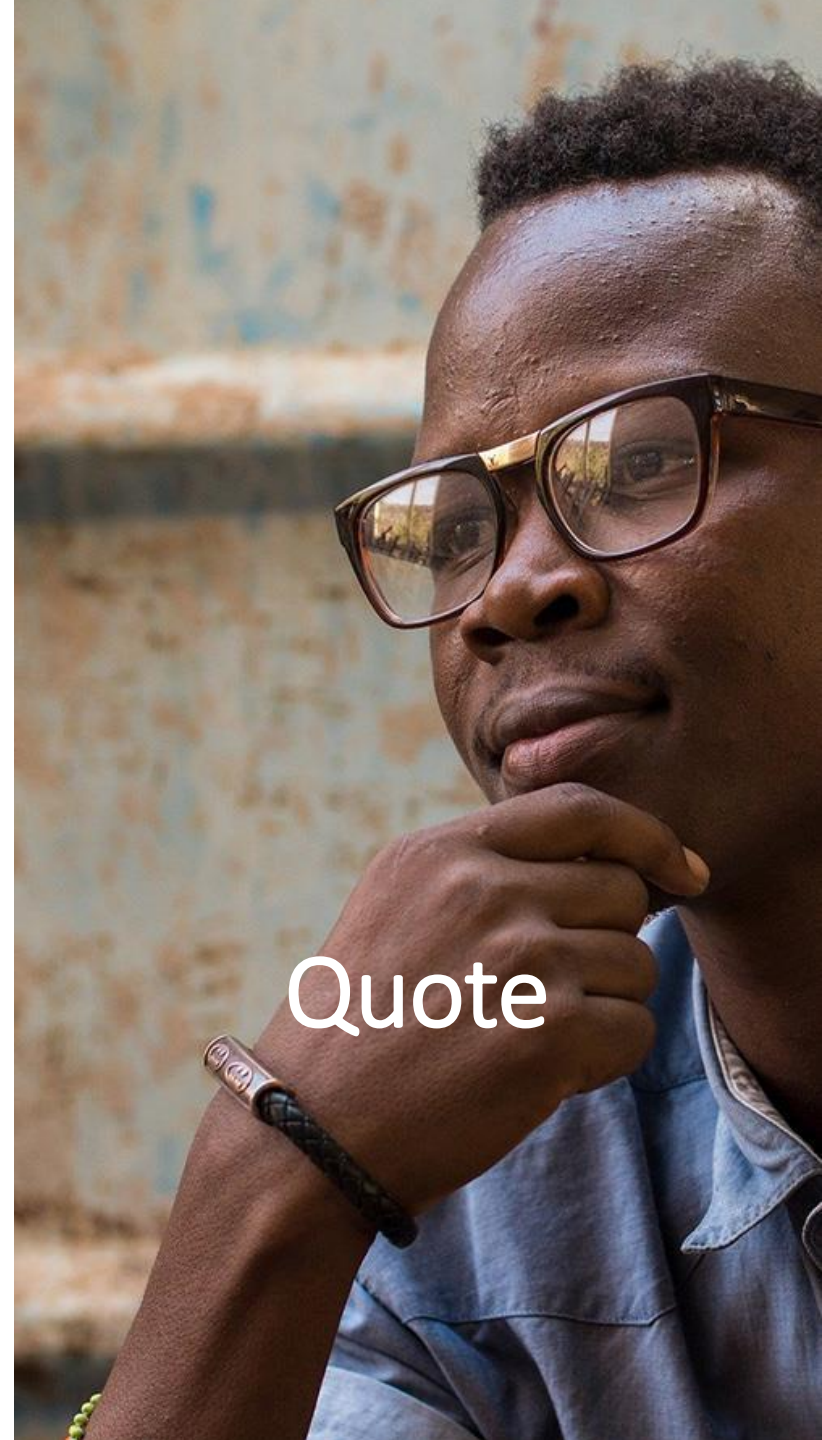


Matthew 6: 14-15
(NIV)

'Children begin by loving
their parents; after a time
they judge them; rarely, if
ever, do they forgive them.'

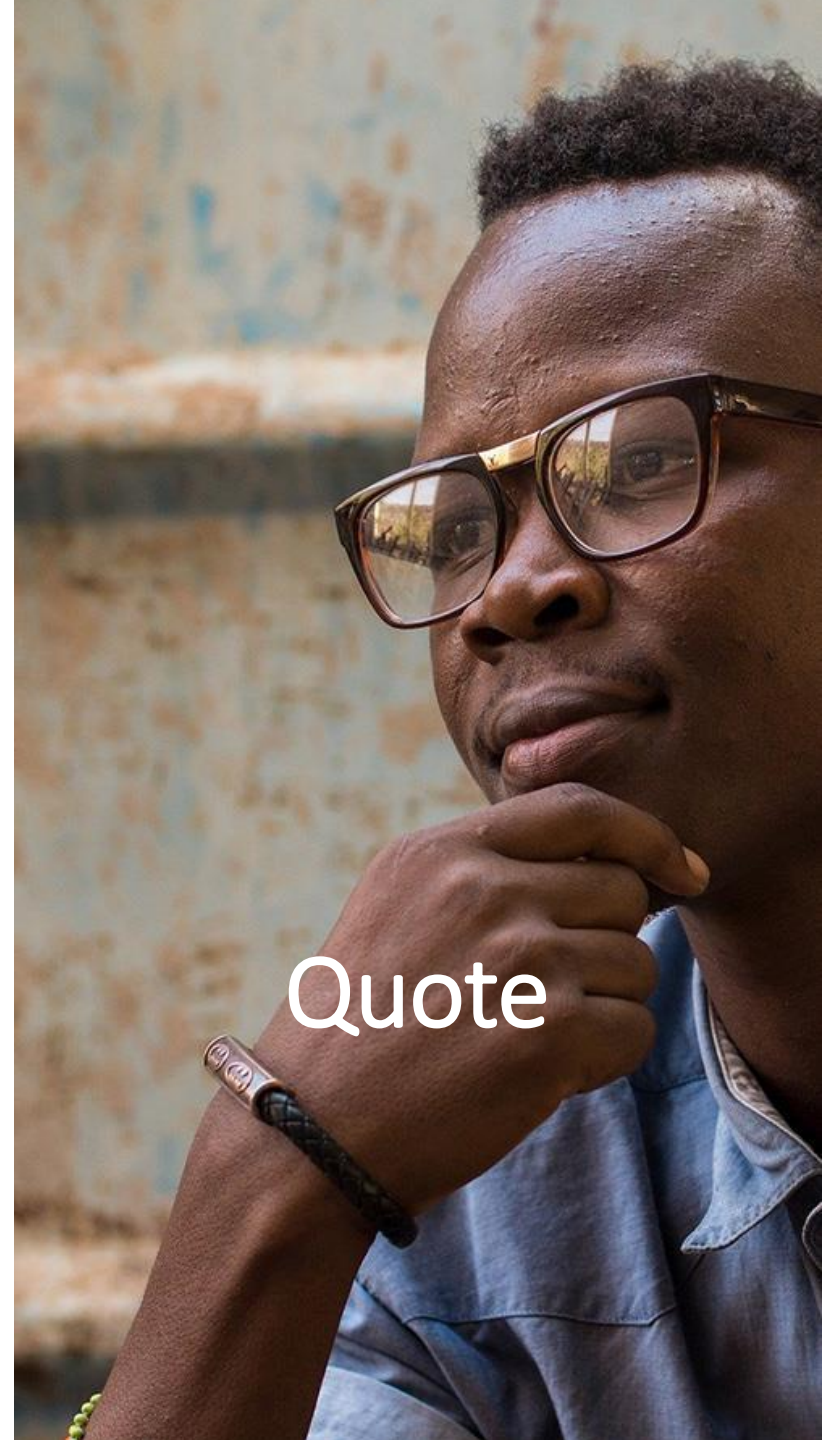
Oscar Wilde

Quote



'Mistakes are always
forgivable, if one has the
courage to admit them.'

Bruce Lee

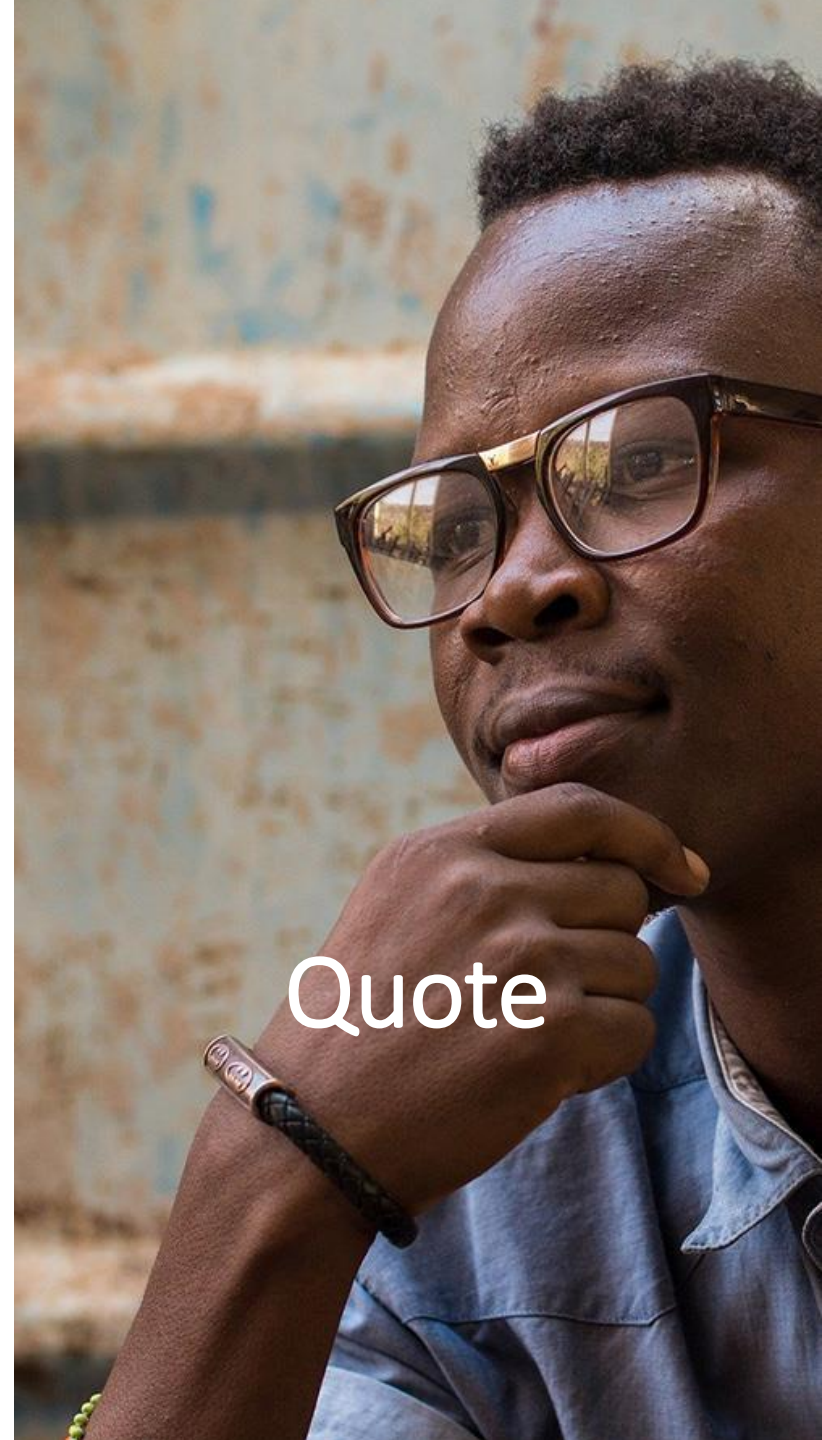


Quote

'Always forgive your
enemies - nothing
annoys them so much.'

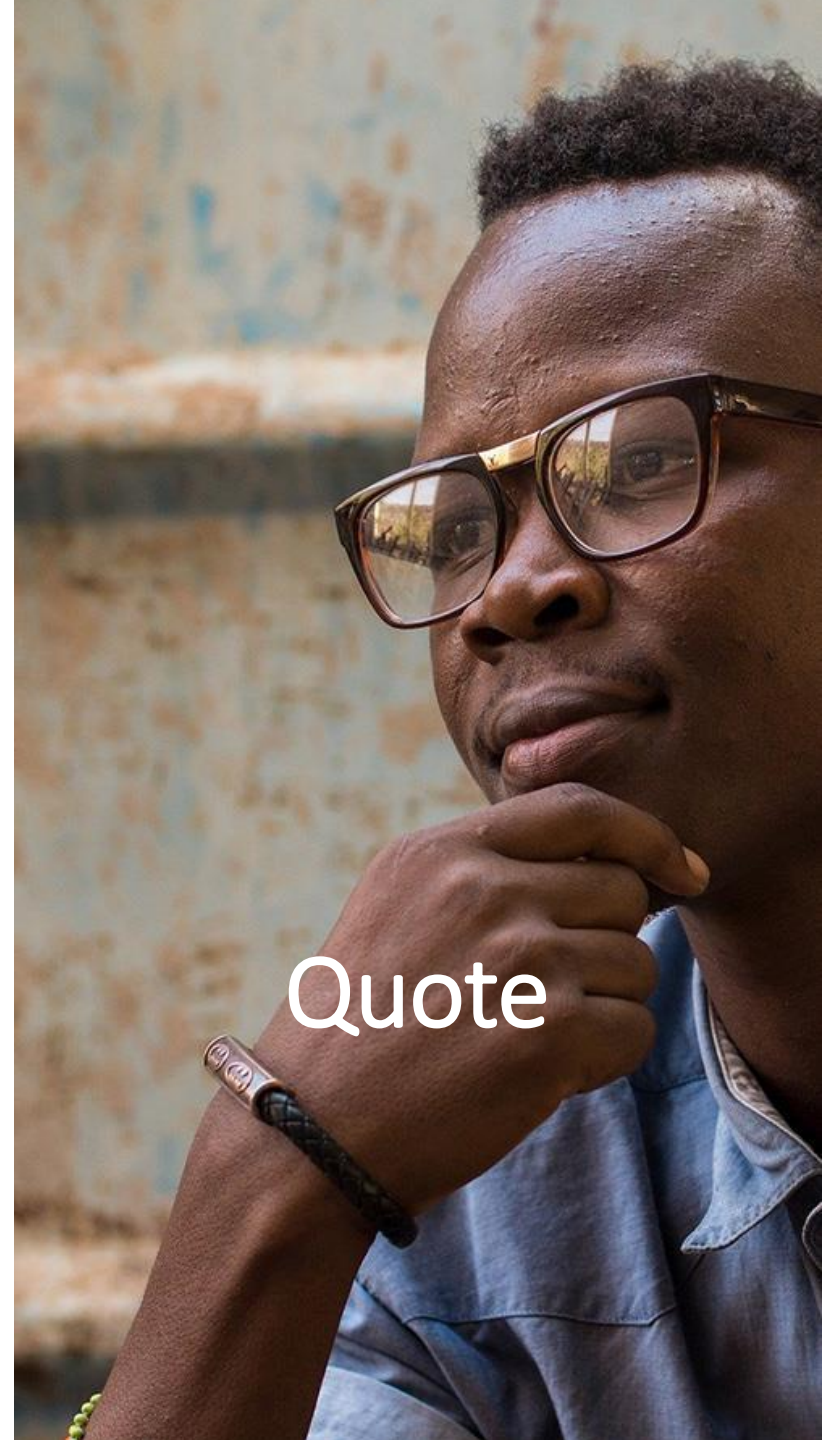
Oscar Wilde

Quote



'As we know, forgiveness
of oneself is the hardest
of all the forgivenesses.'

Joan Baez



Quote

'Forgiveness is
God's command'

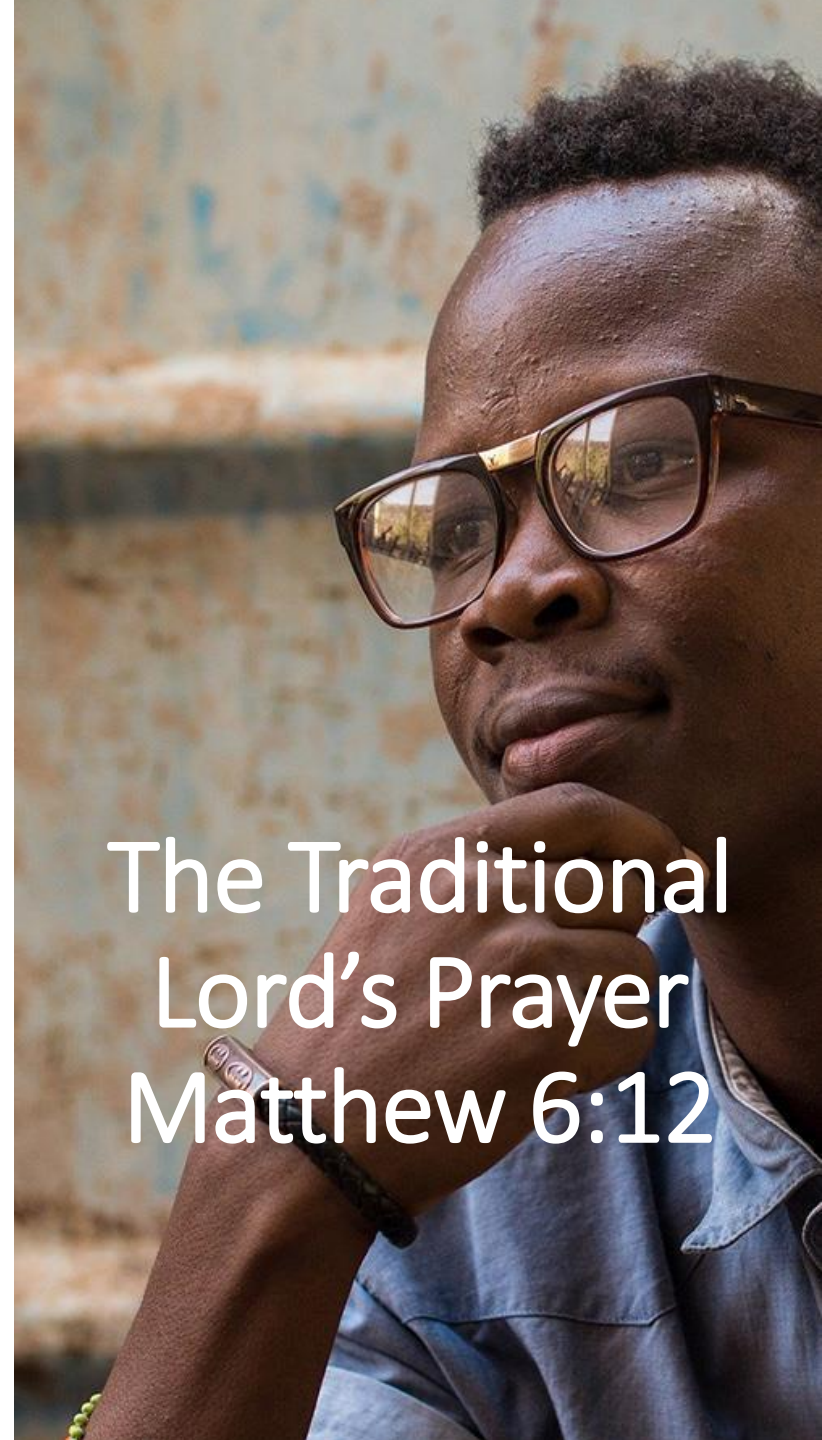
Martin Luther

Quote



And forgive us our trespasses,
As we forgive them that
trespass against us.

The Traditional
Lord's Prayer
Matthew 6:12



As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

Ephesians 4:1-6
(NIV)



Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Ephesians 4:32
(NIV)



Therefore, as God's chosen people,
holy and dearly loved, clothe
yourselves with compassion,
kindness, humility, gentleness and
patience. Bear with each other and
forgive one another if any of you has
a grievance against someone.
Forgive as the Lord forgave you.
And over all these virtues put on
love, which binds them all together
in perfect unity.

Colossians 3:12-14
(NIV)



A young Black man with short, dark, curly hair and glasses is shown in a close-up, three-quarter view. He is resting his chin on his right hand, looking off to the side with a thoughtful expression. He is wearing a light blue button-down shirt and a black braided wristband on his right wrist. The background is a weathered, rusty metal surface with patches of blue paint. The text "What did you expect?" is overlaid in white on the right side of the image.

What did
you
expect?